

## + WELCOME TO THE SPA AT THE PEAKS

Nurture your body, mind, & spirit as you enter The Peaks Rejuvenating Mountain Wellness Spa. We promote holistic, healthy and sustainable lifestyle through self-care and rejuvenating services while surrounded by the pristine beauty of 14,000 foot Rocky Mountain peaks.

## + AMENITIES

Your Spa experience is not limited to the length of a particular service. Immerse yourself in tranquility and exceptional service...all day long. The Spa is 42,000 square feet of facilities for your enjoyment.

- Multiple dry saunas, roman tubs, jacuzzis and eucalyptus-infused steam rooms both gender- specific and co-ed
- Two pools including a lap pool and indoor/outdoor pool with a water slide
- Full fitness center offering group fitness classes, Life Fitness cardio machines with state-of-the-art cardio theater, Cybex circuit weight equipment, squash courts, yoga studios and Pilates studios
- 32 treatment rooms offering the latest in massage, aesthetics, body therapy and full service salon
- Private men's and women's spa lounges
- Meditation lounge
- Oxygen inhalation lounge
- Spa Boutique & Spa cuisine
- Pool bar \*summer season only

## + HOW TO SPA

**ARRIVAL** Please arrive 30-45 minutes prior to your scheduled appointment to check in and begin the relaxation process. A natural mineral salt pre-soak or eucalyptus steam assists in relaxation and detoxification while loosening the muscles and relaxing the mind before any professional bodywork or treatment.

Oxygen bar is available in the meditation lounge for those wanting to feel their best in our high mountain altitude.

**UPON ARRIVAL** The Spa at The Peaks provides robes, slippers, towels and lockers for personal items while at the spa. Please turn off cellphones during your visit. For your convenience we provide showers and all amenities needed.

**DURING YOUR VISIT** The time allotted for our various services is exact. If the guest is late, the time will be adjusted so the technician or therapist will be on time for the next scheduled appointment.

### SPA HOURS

6:30am-8:30pm

Fitness 6:30am-8pm

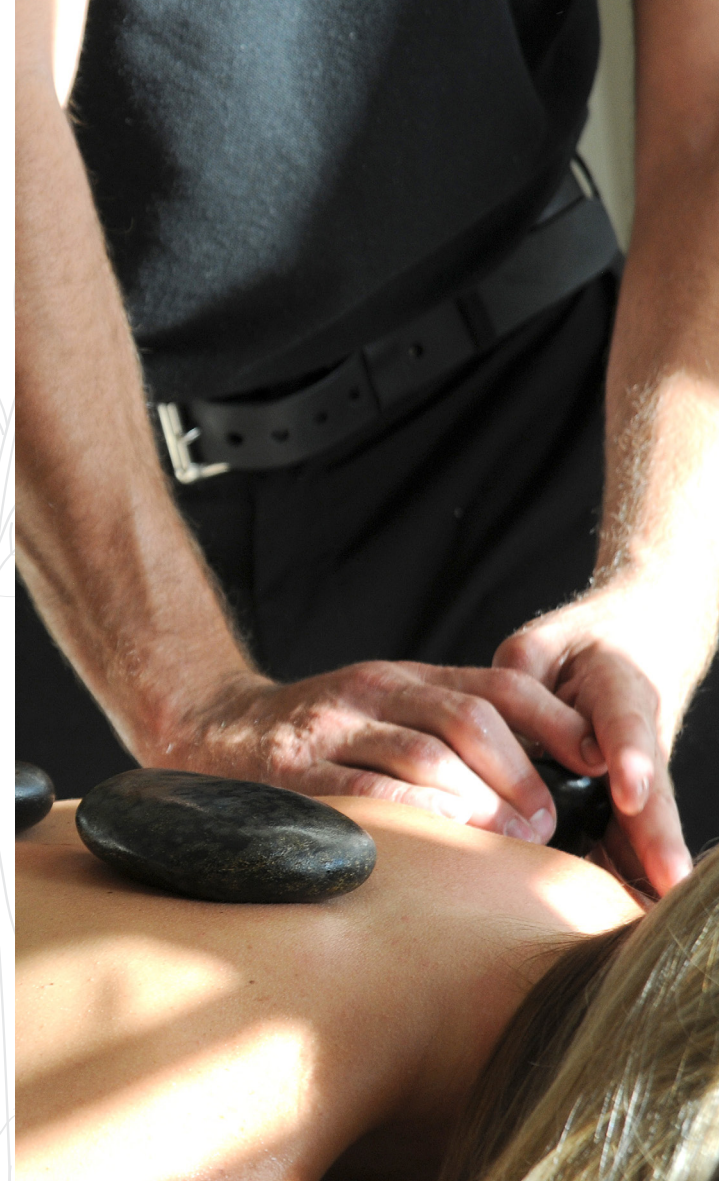
Spa Services 9am-8pm

Lounges 6:30am-8:30pm

Pool 9am-8pm

### SPA RESERVATIONS/CANCELLATION POLICY

In order to guarantee service times, we require all spa services be reserved with a credit card or gift certificate. 24-hour cancellation is required to avoid a 100% service charge.



### CONTACT

970.728.2590

[www.thepeaksresort.com/spa](http://www.thepeaksresort.com/spa)

136 Country Club Drive  
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# THE SPA

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## AT THE PEAKS RESORT

Destination for relaxation & rejuvenation.

## + MASSAGE, BODY AND FACE



### **UNWIND 3 ½ hours \$385**

\*Dinner or Lunch included. Begin with a eucalyptus steam, a 15-minute natural mineral salt soak prior to beginning your spa services (allow 30min), 60-minute relaxing tailor-made massage, 60-minute customized therapeutic facial, followed by The Peaks Signature Pedicure

### **COUPLES PEAK'S RETREAT Ritual for two \$480**

A 90-minute relaxing couple's swedish massage, finished with a Signature Pedicure while enjoying a glass of champagne and chocolate covered strawberries.

### **MASSAGE CLASSIC SWEDISH**

**60mins \$140 75mins \$170 90mins \$200**

Customized massage focusing on specific areas of tension, while treating the parts of your body that need relaxation.

### **DEEP TISSUE SPORTS MASSAGE**

**60mins \$160 75mins \$190 90mins \$220**

A muscle specific massage. A deep massage to relax muscles and to eliminate toxins from the body.

### **ORGANIC BODY JOURNEY**

**60mins \$150 75mins \$180 90mins \$210**

An organic anti-aging body treatment with massage that deeply nourishes and restores the skin and protects against external elements, as well as the pre-mature aging of the skin. The skin becomes immediately radiant and soft with anti-aging benefits.

### **MOMMY MASSAGE 60mins \$140 75mins \$170**

Swedish massage for those expecting.

### **HEAD, NECK, AND SHOULDERS 25mins \$65**

"Keep your head up" is easier said than done. Let us relieve the pressure and tension in these key areas.

### **REFLEXOLOGY 45mins \$110**

By gently stimulating the reflex points on the soles of the feet, this foot massage ensures a beneficial effect to the entire body resulting in a wonderful sense of well-being.

### **MASSAGE FOR TWO**

**60mins \$280 75mins \$340 90mins \$400**

Enjoy a unique moment of relaxation with swedish massage for two in our private, mountain view, couples suite.

### **HOT STONE THERAPY 75mins \$195 90mins \$225**

This ancient art of healing uses smooth, heated basalt stones and cold therapy stones combined with massage to bring true relief to tight muscles, sore joints, stressed emotions, and weary spirit.

### **OXYGEN INHALATION 30mins \$40 60mins \$60**

### **WELLNESS AROMATHERAPY MASSAGE 90mins \$210**

A clinical approach to essential oil massage as a natural therapy for improving mood, reducing stress, and enhancing immunity.

### **SCRUB & MASSAGE 90mins \$210**

A unique renewing body ritual beginning with a scrub followed by massage. Provides nourishment, youth and splendor to skin and allows deep relaxation contributed by the aromatherapy.

### **ANTI-AGING FACE & BODY RITUAL 90mins \$210**

An organic face and body anti-aging treatment & massage that deeply nourishes and restores the skin and protects against external elements, as well as the pre-mature aging of the skin. Skin becomes immediately radiant and soft with anti-aging benefits.

### **TRANQUILITY WELL-BEING COCOON FACE & BODY RITUAL 90mins \$220**

Deep sense of peace, well-being and relaxation. Beautiful textures with aromatic notes; discover a unique sensorial face and body wrap and massage ritual for a complete sense of well-being.

### **THAI MASSAGE 70mins \$170 90mins \$200**

Encourages energy flow and balance through a series of assisted stretches. Acupressure and yoga positions will warm and relax muscles and improve circulation. Massage performed on a Thai mat. Please wear comfortable, loose clothing.

### **HERBAL THAI POULTICE TREATMENT 90mins \$225**

A warm poultice of Thai herbs including turmeric, lemongrass, kaffir lime, tamarind & camphor is applied directly to the body in a rhythmic kneading motion to alleviate pain and inflammation.

## FACIALS

### **ANTI-AGING SKIN FITNESS FACIAL**

**60mins \$150 90mins \$200**

A complete longevity diet for the skin. An integrated, innovative, holistic approach that corrects the existing signs of aging, prolongs youthfulness and enhances the global well-being, inside and out.

### **EUROPEAN FACIAL**

**30mins \$90 60mins \$160 90mins \$210**

Includes: skin analysis, cleansing, removal of impurities, steaming, moisturizing, facial massage, and customized masque for your skin's specific needs.

### **O2 REPAIR OXYGEN FACIAL 60mins \$170**

This unique treatment uses 87 different vitamins, minerals, enzymes and amino acids combined with live oxygen to create the most restorative facial in the industry.

### **ACNE FACIAL 60mins \$150**

This facial employs botanicals with anti-bacterial properties and a soothing micro peeling action with protection against inflammation and irritation.

## ADD-ONS

**-EYE TREATMENT \$35**

**-ALTITUDE OXYGEN TREATMENT \$40 (30mins)**

**-CLEAR MY HEAD \$35**

head neck & shoulder massage (15mins)

**-CUSTOMIZED PEEL \$35**

**-SEASONAL SCRUB \$65**

**-Nu Face microcurrent facial rejuvenation \$35**

