

April Spa Schedule

All classes held in Yoga Studio
Spa Hours: 8AM-6PM

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 10:30AM-11:30AM Fitness Fun	21 10:30AM-11:30AM Fitness Fun	22 12:00PM-1:00PM Pilates Mat	23 10:30AM-11:30AM Fitness Fusion	24	25
26	27 9:15AM-10:45AM Mindful Movement	28 10:30AM-11:30AM Fitness Fun	29 9:15AM-10:45AM Mindful Movement 12:00PM-1:00PM Pilates Mat	30 10:30AM-11:30AM Fitness Fusion		

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